

Tai Chi & Qigong have been taught at Burke, by Empire Tai Chi, for over 20 years.

“New Class”

Tai Chi & Qigong

for

Beginners ONLY

Taught by Lisa Rawson

Certified Empire Tai Chi Instructor

Senior Assistant Teacher



Free class support, home study materials provided

Printed & Illustrated “How To Materials” & Online Videos

Small Class size

♦ **Prior Registration is Required - This class will fill up fast!**

WHEN: Monday nights - 7:30 to 8:30 PM

BEGINNING: January 2nd

MAKE UP CLASSES AVAILABLE:

For additional information contact:

♦ Sifu, Gene Nelson, Certified - Master Instructor of Tai Chi, ATCQA
(914) 803-2632 email info@EmpireTaiChi.com www.EmpireTaiChi.com