



EMPIRE TAI CHI
for the life you want to live... at any age

Sifu Gene Nelson

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Lisa Rawson

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Private - Tai Chi & Qigong Lessons

• **Programs Provided by Sifu Gene Nelson:**

Owner, Founder and Chief Instructor, Empire Tai Chi Inc.

Certified Master Tai Chi Instructor, American Tai Chi and Qigong Association

Private Lessons:

A) 5 Lesson plan.

◆ \$185 per 45 Min. - Requires a 5 class pre-paid commitment. One cancelled class per 5 week commitment allowed. Missed class to be made up at a mutually convenient time, within 7 weeks of start.

Sifu Gene Nelson, provides individual instruction to Intermediate and Advanced students only.

Including; Yang Style Tai Chi, Dao Yin, Qigong, Sensing (Push) Hands / Traditional Tai Chi Weapons

Please refer to policy statement below

• **Programs provided independently by Lisa Rawson, exclusively for women**

Lisa Rawson is Empire Tai Chi Certified, Senior Instructor.

Private Lessons:

A) One Class at a time.

◆ \$140 per 45 Min.

B) 5 Lesson plan.

◆ \$125 per 45 Min. - Requires a 5 class pre-paid commitment. One cancelled class per 5 week commitment allowed. This class to be made up at a mutually convenient time, within 7 weeks of start.

Lisa Rawson, provides individual instruction to beginning students only.

Classes offered are; Wu-Chi Tai Chi, 8 Pieces Of Chinese Brocades and Endless Circle Qigong

Please refer to policy statement below

Private Lesson Policy:

NOTE: Private lessons are available to currently enrolled, Empire Tai Chi, students only.

- All private lessons are provided at the students home or at a location arrange for by student
- All students must be able to attend without an aid or companion and not require any assisted walking device.
- The instructor will be responsible for making all safety related decisions.
- Lisa Rawson provides private lessons exclusively for women
- If private lessons are provided in a personal residence, all pets must be isolate